

Public Service Announcement

Emergency Preparedness Week 2023

Start Date: May 5, 2023

End Date: May 13, 2023

Nunavut-wide

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Are you prepared for an emergency? May 7-13 is Emergency Preparedness Week across Canada. This year's theme is "Be prepared. Know your Risks".

The Government of Nunavut reminds you to be prepared so you can stay safe during an emergency in your community or on the land.

You should always have an emergency kit at home with enough supplies for at least 72 hours. Your emergency kit should include:

- extra water (two litres per person in your home, per day)
- non-perishable food and a manual can opener
- a wind up or battery-powered flashlight
- a wind up or battery-powered radio
- extra batteries
- extra medication
- warm clothes
- cash in small bills and coins

When travelling on the land, always take the following measures to protect yourself in the event of an emergency or equipment failure:

- Always travel with an emergency communications device that is in working order, even on day trips. Sign out a free SPOT device at your hamlet office, local Hunters and Trappers Organization, search-and-rescue office or gas bars.
- Communications devices sometimes fail. Be sure to bring a compass and maps, and make sure you know how to use them.
- Always travel with a buddy or a group. Tell family and friends where you are going and when you plan to get there.

- Plan a time to notify search-and-rescue if a family member is overdue.
- Always prepare for 72 hours on the land. Bring extra fuel, food, clothing and camping equipment, even on day trips.

Whether at home or on the land, encourage your friends, family and neighbours to plan, prepare and know your risks.

For more emergency preparedness tips and tools, visit www.getprepared.ca.

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